



Hope For The Day's Proactive Mental Health Awareness Proclamation (P.M.H.A.P.) 23-07

WHEREAS; May being recognized as “Mental Health Awareness Month”, the **Proactive Mental Health Awareness Proclamation** was created to raise the visibility of mental health education and resources in our community. We also want to help start the conversation, destigmatize it, and help connect people with the proper support services; and

WHEREAS; According to the American Foundation for Suicide Prevention (A.F.S.P.) there are 130 deaths by suicide per day. Out of the people surveyed 55% said they are embarrassed and don't know where to get help. However, 67% of individuals felt that educations can help in proactive prevention; and

WHEREAS; 2 in 3 people surveyed by the A.F.S.P. said that COVID has made them more empathic. It has also made half of the individuals more open to talking about their mental health. Overall, 81% of those surveyed said that now is the most critical time to have these conversations to make suicide prevention a priority.

WHEREAS; Henry County publicly places its full support behind those who work in the field of mental health, education, and law enforcement; and

WHEREAS; Global organizations like Hope For The Day and our local mental health partner Henry County serve on the front lines of a war that is still surrounded by stigma; and

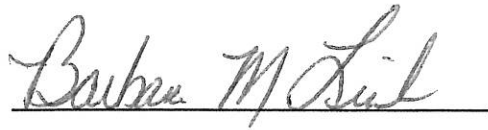
WHEREAS; We encourage all residents to take the time to understand mental health through education and recognize that we need to take care of ourselves while we take care of each other.

NOW, THEREFORE, be it resolved that we, the Henry County Board, do hereby proclaim the month of May 2023 as Proactive Mental Health Awareness Month in Henry County

Adopted this 20 day of April, A.D. 2023.

Attest:

County Board of Henry County, Illinois

Handwritten signature of Barbara M. Link in cursive script, written above a horizontal line.

Barbara M. Link

Handwritten signature of Kippy Breeden in cursive script, written above a horizontal line.

Kippy Breeden, Chairman